

14<sup>th</sup> Annual

# Wise Women's Festival

Sept 17-19 2010

near Penticton, BC  
at Naramata Centre

Adults \$165  
Crones & Maidens \$135  
(over 63 & under 23)

50 Workshops

A Healing Oasis

Sunrise Ceremonies

A Festival store & more



Quan Yin  
Goddess of Compassion

Program is on-line at [www.issuesmagazine.net](http://www.issuesmagazine.net)

September 17 - 19 • 14<sup>th</sup> annual

## Wise Women's Festival Celebration

Adults \$165, Crones & Maidens \$135 (over 63 & under 23 years) if registered before August 15<sup>th</sup> plus meals and accommodation for the weekend plus HST

Register by mail using a cheque or by phone using a credit card. Details on page 14

*This Celebration is the third weekend of September, at Naramata Centre, a conference facility operated by the United Church.*

*Wheel-chair accessible and next to Okanagan Lake near Penticton, BC.*



Angèle Ortega  
festival co-ordinator  
1-888-756-9929

## Weekend Schedule

### FRIDAY SCHEDULE

12 pm On-site Festival Registration starts  
1 pm On-site Healing Oasis sign-up starts  
5:15 - 6:15 pm Dinner

### 7:15 pm... OPENING CEREMONIES

Half hour of Sacred Circle Dances with Kathleen Hogh followed by Workshop Presenters and concluding with a twenty minute Crystal Bowl Sound Meditation with Terez and Karen.

### SATURDAY SCHEDULE

6:45 - 7:30 am • Sunrise Ceremonies  
7:30 - 8:30 am Breakfast  
8:45 - Noon • Choice of twelve workshops  
12 Noon - 1 pm Lunch  
2 - 5:15 pm • Choice of ten workshops  
5:15 - 6:15 Dinner  
6:45 - 8:45 pm • Choice of eight workshops

9 - 11 pm • Belly Dancers and Drummers then recorded music for those who wish to continue dancing.

**SUNDAY SCHEDULE** is the same except after lunch there is one set of workshops, then Closing Circle from 3:45 to 4:05 pm. A time for hugs and fond farewells. No dinner on Sunday.

**The Festival Store** has space to sell various crafts, crystals, jewellery, etc. If you are a registered participant and want to bring items to be sold in the store, ask Marion for details or go the website. We have a store manager so that you may attend the workshops.

**Refreshment Stations** provide herbal teas and organic apple juice.



Please bring your travel mug or buy one from the Festival store - There will be NO extra cups on site!

## The Healing Oasis is in Lower McLaren

Sign-up starts at 1 pm - Please do not sign up for more than 2 sessions. Friday sessions are 2:30 to 5:30 pm Saturday sessions are 8:30 am to 9 pm & Sunday sessions 8:30 am to 3 pm Rate of \$25 per half hour or \$45 per hour. Reiki is by donation.

Are you interested in sharing your skills? We offer a trade: 6 hours of healing sessions for a weekend pass. A few bursaries are available towards accommodation. Healers bring food to share for the evening potlucks. We provide soup and Just Pies homemade bread for lunch and there is a variety of choices for breakfast or bring your own. There are fridges and stoves available. You may also order the Naramata Centre meals, prices on page 14.

For more details please go to our website: [www.issuesmagazine.net](http://www.issuesmagazine.net) it has all the details including a page with frequently asked questions. Another option is to contact Marion 250 497-6861 and she will mail the form.



Marion Desborough

**Marion is the Registration Co-ordinator**  
ph: 250-497-6861 • email: [Marion@issuesmagazine.net](mailto:Marion@issuesmagazine.net)

**Accommodation** is on a first come basis.

Costs are on the registration form on page 14.

**Check-out of rooms is 10 am.**

**Meals** Please pre-order by Sept. 5 • Naramata Centre offers full course meals with a salad bar, beverages and desserts. Meal prices are on the registration form. If we have cancellations, a few meals could become available on-site. There are two restaurants not too far away.

**Finding Naramata** - Driving into Penticton from the South, pass the Airport and turn left at the traffic lights (just over the bridge) onto Channel Parkway (hwy 97 N). Go through two traffic lights to a third traffic light at Eckhardt Ave. Turn right, go through four traffic lights and one block to **Haven Hill**.\*\*\* Turn left, up hill one block to the 'Y'. Turn right onto Johnson Road, go 3 long blocks. Turn left onto Upper Bench Road, go approx. 1 km. Turn right on McMillan Ave... go 1 long block, turn left onto Naramata Road. From this point it is

approx. 11 km to Naramata. Watch for the sign • After 15 to 20 minutes driving, the road will swing left and curve down the hill into Naramata. You will be on Robinson Avenue. Turn left on either 3rd or 4th St. Go two blocks and you will be on Ellis St and at the Naramata Centre.

**Coming from the North** - Cross the bridge, you are now on Eckhardt Avenue, stay on Eckhardt to **Haven Hill**. Follow the instructions.\*\*\*

# WORKSHOPS & PRESENTERS

The workshop number corresponds to the numbers on the overall schedule

Workshop #01 Saturday morning 3 hours

## Somewhere Over the Rainbow

"Is there life after life?" Experience the power of music by singing uplifting songs - your choice - from old favourites to new creations - then encounter your own intuitive abilities and clairvoyant mediumship by tuning into your sixth sense and awareness of those "other" realms. Meditation, discussion and intuitive exercises. *No musical or mediumship background required.*

Workshop #02 Sunday afternoon 2 hours

## Sing and Colour You Healthy

Experience the healing properties of music and colour. Sing uplifting songs - your choice - from old favourites to new creations - and make a joyful sound. Create colourful chalk drawings representing past lives, present and future. (Drawings can be interpreted.)

*No musical or artistic background required. Art supplies provided.*



**ROSEMARY PHILLIPS**

Christina Lake, BC • 250 447-9713

[www.rosemaryphillips.ca](http://www.rosemaryphillips.ca)

After graduating from Ryerson Interior Design (1972), Rosemary found new meaning in the subject as she began applying her natural born gifts of healing, clairvoyance, singing, writing and colourful psychic art for the "interior design" of our being and health. She now combines her singing and clairvoyance in unique "Music and Mediumship" concerts.

Workshop #03 Saturday afternoon 3 hours

## Access Your Inner Power

Through guided meditations Elara will take you on a powerful journey of self-discovery. You will experience a beautiful transformation to help you access your Inner Power. You will connect with the incredible Love that is your True Nature.



**LEA REARDON aka Elara**

Vernon, BC • 250 306-5325

[www.TransformationWithElara.com](http://www.TransformationWithElara.com)

Elara has facilitated meditation classes and self-empowerment workshops since 1995, as well as practiced the healing arts. She has a natural ability to connect with her clients to help them awaken their True Nature. She is passionate about helping others transform their lives.

Workshop #04 Saturday evening 2 hours

## Spiritual Principles of Wealth

Understand the spiritual principles as they apply to wealth and hear about practical ways of saving money. Visualizations and exercise will be done to determine what beliefs and attitudes about money need to be transformed.



**NORMA COWIE**

Penticton, BC • 250 490-0654

[www.normacowie.com](http://www.normacowie.com)

Norma is the author of eight books, several CDs and DVDs. Her enthusiasm is expressed in her workshops, her consultations and readings. Reading Tarot for over 40 years, she brings her metaphysical philosophy to all she does. Her knowledge of releasing and aligning the truth of who we are helps people shift so that change can happen.

Workshop #05 Sunday morning 3 hours

## Past Life Regression

Hear how past lives affect this life time. As you experience yourself in another time and place, you can release blocks in that life that will help release blocks in this life.

Workshop #06 Sunday morning 3 hours

## Dance and Paint your Chakras

A time to recognize our energy centers using music and movement. As we tune into our sensations and impressions, using the different colors and shapes, we can observe our creation and transform it, therefore realigning our chakras. Our focus will be to balance our physical, mental and emotional bodies so they function in harmony and we enjoy life.

*Please bring blanket, pillow an old shirt for painting.*



**ROSSANA GARCÍA aka Amari**

Bridesville, BC • 250 446-2464

[www.bloominyoga.com](http://www.bloominyoga.com)

Amari has been practicing and teaching Yoga for the last ten years. She is a Reiki Master and healer and creates her sessions from the heart, being sensitive and helping students to connect with a deeper and more subtle state within them. She holds a Masters Degree in Art Therapy from Barcelona, Spain.

**SUNRISE CEREMONIES** with Rossana BOTH mornings at 6:45 am in the Loft.

**SHAKTI YOGA** Explore the continuous flow of creative energy that is assisted by our breathing and dynamic sequences.

## EILEEN HEAD

Calgary, AB • 403 452-9865  
www.lifeequationsinc.com

Eileen is a Life Coach, Hypnotherapist and Reiki Master with a passion to assist people in enriching relationships, creating more joy and fun in their lives. An avid seeker of knowledge has led her to many self-growth and enrichment seminars. Discovering The Enneagram Personality Typing System was life changing, de-mystifying her own and others behaviour.



Workshop #07 Saturday morning 3 hours

### An Introduction to the Enneagram Personality System

Learning your personality behaviours will assist you to understand how you react and interact with others; what you expect back from your relationships; how to communicate with different types and perspectives; and most importantly, empower yourself to speak up.

Workshop #08 Sunday afternoon 2 hours

### T + A = O

Our Thoughts + our Actions determines our Life Outcome

- Awareness - The Key to Growth
- Beliefs - How they Restrict Us
- Personal Responsibility - A Step to Empowerment
- Choices Create Outcome

## DENISE MORIER

Calgary, AB • 403 452-8539  
www.openskiestraining.ca

Denise is a Purveyor of light and a receiver/transformer of energy. She empowers others to make life-enhancing decisions and live a life congruent with their life purpose by showing them how to access their inner wisdom. She has channelled Kalia to empower people to heal beliefs, therefore changing their life and speeding up their spiritual evolution.



Workshop #09 Sunday morning

### Access your User's Manual

Access your inner wisdom and the Divine to make life-enhancing decisions in line with your life purpose. Heal beliefs around your capacity to be 100% accurate. Feel safe working with energies. Use 100% of your capacity to set intentions.

## LEAH SINCLAIRE

Calgary, AB • 403 819-2312  
www.quantumnumerology.com

Leah became fascinated with numerology in 1998 when she studied under Clayne Conings, a philosopher of the Kabalarian wisdom. She continued with five years of personal study before founding Quantum Numerology Inc., an internet consulting business. She discovered there is a 'quantum field' that is governed by simple math, which was how her company was founded. Leah provides consultations and teaches workshops. She is co-author of *Manifest Success: Momentum, Miracles and Motivation*.



Workshop #10 Saturday afternoon 3 hours

### Discover the Magic of Numbers

Have numbers always held a fascination for you? What's your purpose? Will you ever meet your soul mate? Enter the magical, fascinating world of numbers! Join Leah for a lively, learning experience where she shows you hidden pearls using your name and birthday.

Workshop #11 Sunday afternoon 2 hours

### The Cycles of Life

What's your cycle? Things not lining up? Want some keys to your own personal evolution? Introducing the Annual Cycles of numerology and how to harness this knowledge to improve your synchronicity with Life and Gaia's natural rhythm.

## CATHY GORDICHUK

Edmonton, AB • 780 476-0828  
www.colourenergetics.com

Cathy is a certified colour and sound educator/therapist. Colour Energetics School of Vibrational Studies was established by Cathy over 15 years ago for those wishing to discover the world of vibrational healing. Her passions are dance, music and creative crafting for women.



Workshop #12 Saturday afternoon 3 hours

### Goddess Dollies

Goddess Dollies represent our inner goddess spirit. We will find her spirit and strengths through a short meditation at the beginning. The little dolls are made of different coloured felt and are pre-stuffed. They are about 8" high and come in 3 different styles. You add the hair, glitter, eyes, wings, and magic wands! All materials supplied. When we are done, we will activate their spirits through visualization and breath.

**SUNRISE CEREMONIES with Cathy BOTH morning at 6:45 am in Upper ALBERTA HALL**  
Colour breathing meditation is a simple technique to alleviate stress, activate creativity and assist in finding peace.

Workshop #13 Saturday afternoon 3 hours

Workshop #14 Sunday afternoon 2 hours

### Poi Dancing

Dance inside your own kaleidoscopic mandalas, as you learn to twirl two balls on two strings all around you. Originally created in New Zealand by the Maori people, poi twirling has expanded into new and endless healing patterns. Develop R/L Brain Balance and awesome co-ordination. Creative solutions pour from the Unified Brain. Play Poi and be in the joy and flow of the whole brain/body experience.



**KAREN EVENING JASMINE**

aka SOULFIRE

Nelson, BC • 250 352-7267

Karen is a Belly Dance instructor/performer and director of Soulfire Dance Troupe. She has a clear and powerful style of building poi moves, from the simplest to the complicated, and dancing them.

Workshop #15 Sunday morning 3 hours

### Sacred CosmoGram in Ceremony

The sacred geometry is a language of the light manifested into the third dimension as a CosmoGram to support and assist the change into the higher vibration. Experience vibrational healing. Let go of old resentment toward yourself, resurrect your truth and be part of the ceremony 'Law of Spirit.'



**ALEXANDRA LUPPOLD**

Calgary, AB • 403 933-0004

[www.sacredcosmogram.com](http://www.sacredcosmogram.com)

Alexandra came from Germany to Canada 12 years ago. Leaving everything behind she followed her heart's call for peace. She is the co-creator of the Sacred CosmoGram, is a Reiki Master and trained a Body-Talk practitioner and Systemic Constellation Facilitator. She has studied under Lea Bill (Cree Medicine Woman) native tradition since 2003.

Workshop #16 Saturday morning 3 hours

### Celtic Totems

Each of us and our fellow creatures is an expression of divinity in action: so thought the ancient Celts. In fact, certain animals were considered to be essential expressions of Life. To experience our lives through these creatures' guidance was considered a blessing. We will devise a set of Celtic totem stones to take home. *Bring along your favourite meditation blanket and pillow, together with some coloured markers to make totem stones. I will bring the stones.*



**LINDA BUTLER BUCHANAN**

Merritt, BC • 250 378-4435

Linda holds a Doctor of Metaphysics, and is a Reiki master/teacher, Ra ~ Sheeba master, certified interspecies communicator, and member of the Order of Bards, Ovates, and Druids. She has a deep appreciation for all life with an equally deep commitment to sharing of knowledge.

Workshop #17 Saturday evening 2 hours

### The Dark Goddess

Her realm is the night, the dark phases of the moon, and the shadow self - the part you conceal, the part that deals with power, fantasy and fear. Transformation and sovereignty of self is her domain. She beckons you to become all that you are by delving into your dark side. Waiting for you is your true self, whole and complete. *Bring a blanket for meditation.*



Workshop #18 Sunday morning 3 hours

### Being Your Higher Self

Let's explore how to strengthen our inner vision with meditation and psychic exercises. Our guides and angels will assist as we deepen our connections and channel messages. Please bring a notebook or journal.



**SHARON TAPHORN**

Williams Lake, BC • 778 412-2722

[www.playingwiththeuniverse.com](http://www.playingwiththeuniverse.com)

A gifted intuitive, Sharon shares her wisdom, spirit, and passion around the world through her various radio programs on The Shift Radio ([www.theshiftradio.com](http://www.theshiftradio.com)), Angel wisdom, expanding our consciousness, meditation and spiritual growth are just a few of her topics.

**SUNRISE CEREMONIES with Sharon in Upper Alberta Hall and the Labyrinth**

**Saturday - Angel Wisdom Meditation - Guided images and messages from above.**

**Sunday - Walk a Labyrinth: meet there - A walking meditation around an ancient pattern made of grass and gravel.**

**COLETTE STEFAN**  
Regina, SK • 306 584-9135  
www.crystallinevision.com



**STEPHANIE MONSEN**  
Calgary, AB • 403 614-5789  
www.energyparadigm.ca



Colette and Stephanie are certified Yuen Method™ practitioners who teach in Canada. They studied and interned under Dr. Kam Yuen and became certified in November 2008. They specialize in pain elimination and in removing obstacles to personal and financial success.

Workshop #19 Saturday evenings 2 hours

### Introduction to the Yuen Method™

An introduction about Dr. Kam Yuen and the Yuen Method™, how it works and a demonstration on participants.

Workshop #20 Sunday morning 3 hours

### Yuen Method™

Learn the fundamental techniques of:

- how to find the root cause of energetic weaknesses in the body.
- how to make energetic corrections to eliminate physical, mental, emotional, psychological, psychic and spiritual pain.
- how to optimize the potential for relationships, health, fitness, youthfulness, finances, career and purpose.

**CRYSTAL ROSE**  
Summerland, BC • 778 516-1156  
www.crystalrosegypsywitchdr.com



Crystal is a charismatic yet down-to-earth mystical personality who employs several of the healing arts along with her natural gifts as a seer in a way that is both entertaining and insightful. She is the perfect characterization of a 'Traveling Wise Woman' who finds love and joy in every experience, and then shares.

Workshop #21 Saturday morning 3 hours

### So, You are Human - What's Wrong with That?

Consciousness is the tool that separates us from the rest of the animal kingdom. Learn how to use the various levels of consciousness to simplify the process of changing your belief systems. Discover where you are self-sabotaging and reclaim your perfection with ease.

Workshop #22 Sunday afternoon 2 hours

### Understanding Your Elements

Do you ever feel like a square peg surrounded by round holes? You will understand why you don't fit in when you discover which of the five elements affect your life. Learn how to best make them work for you.

**CindyLee YELLAND**  
Kelowna, BC • 250 868-2210  
www.angelontheloose.com



An accomplished artist, teacher, and performer of Bellydance and Middle Eastern fusion dance, CindyLee has studied extensively with local and international instructors since 2000. She delights audiences dancing as *The Angel On The Loose*. She is the director of *The Loose Hip Sisters Bellydance Club*.

Workshop #23 Saturday evening 2 hours

### The Wings of Isis

The ancient Egyptian goddess Isis has many gifts to share with us. We will learn beautiful modern versions of magical ritual moves and forms taken from the wall paintings of ancient Egypt. Come dance with wings just as Isis the goddess of magic, power and protection did in the times of old and unleash the goddess in you! No dance experience necessary...wings provided. I have 10 pairs of wings so the workshop would be limited.

**LorRaine ARMSTRONG**  
OK Falls, BC • 250 497-6797



Recently I had the privilege of participating in the *Return of the Ancestors* gathering in Arizona at the end of April. Indigenous elders included the Kogi, Amyrra, Maya, Inca, Eskimo, Japanese, Tibetan, Lakota and other North American tribes. We gathered at the request of the Mayan and Incas to fulfill prophecies that are 2000 years old.

Workshop #24 Saturday afternoon 3 hours

### The Earth is Our Mother

She gives us all our physical needs and receives our tears and our laughter with complete non-judgmental acceptance. Allowing yourself to contribute back to mother earth through daily mindful thanksgiving and in Sacred Ceremony honours our Mother, honours your spirit and honours the spirits that walk with you. This honouring opens the door to gratitude, personal healing and the healing of all within the 'Sacred Circle of Life', 'The Sacred Hoop'. We are moving into a most powerful energy of transformation. Come and share Ceremony to honour and invoke this energy so we may bring it into our daily lives.

**SUNRISE CEREMONIES with LorRaine BOTH mornings at 6:45 am in the Sessions Room**  
A time to give thanks for a new day with song, prayer and meditation.

Workshop #25 Saturday morning 3 hours

## Divine Design

Sacred Geometry in the garden combined with a host of other biodynamic methods to assist you in growing the most potent and nutritious herbs and vegetables that you can imagine.



**SARAH BRADSHAW**  
Armstrong, BC • 250 546-8323  
[www.OmHaven.org](http://www.OmHaven.org)

After graduating in Social Work at Selkirk College, Sarah diverted herself to the path of 'Wise Women.' In the 70's she trained as a midwife. In the 80's and 90's she studied and certified in Herbalism at East/West Herbal College, Aromatherapy at AromArts International, Brain Gym, and Landscape/Horticulture at Fairview College. In the mid-90's Sarah became self-employed with a combination of Psychic readings, a Contract Youth Program worker for non-profit groups, and teaching her wild-crafting courses. She lives at OmHaven, a centre devoted to personal and psychic development and sustainable living.

Workshop #26 Sunday afternoon 2 hours

## Lady Oracle

### The presence of Goddess in Divination

An exploration of the ancient wisdom of the Goddesses and how women have always turn to them in their many guises for guidance and inspiration.

Workshop #27 Sunday morning 3 hours

## Shifting Energy

Move from uncomfortable to empowering feelings and learn how to harness your personal power. This interactive workshop will present options that teach there is "no right" or "no wrong" way, just practice learning to recognize which way is for you.

### In the last hour we will learn about the Cube...

an ancient visualization game that reveals aspects of self. The cube is amazing in its accuracy, revealing even the most tightly guarded personalities. Just by answering a few simple, visualizing questions, you can discover new things about yourself.



**JESSACA LEE SOBKO**  
Calgary, AB • 403 695-4440  
[www.jessacalee.blogspot.com](http://www.jessacalee.blogspot.com)

JessacaLee is a Third Level Pranic Healer, which includes a technique that uses vital energy to cleanse and recharge the Auric Body and the Chakras. She has studied with many people including Hannelore, Jacky Thomas, Bob Proctor, Marianne Williamson, plus courses at Wild Rose College. She teaches a variety of topics including self esteem for teens.

Workshop #28 Saturday morning 3 hours

## The Alchemy of Dance

A holistic experience achieved through dance, nature elements, music, mantras, sacred geometry, colours and other components. We will practice learning to trust our deep connections between your inner self and outer expression, in a dynamic process of integration of your feelings. Dance in the celebration and joy of being alive.

Workshop #29 Saturday evening 2 hours

## The Mayan Tzolkin

There is much more to the Mayan knowledge legacy than a final count of days. This knowledge and symbolism as a path of self awareness is useful for self-knowledge. The studies and contact with their symbolism is enough to raise our conscious levels to higher vibrations and understanding of the universe as a whole, and our particular role as ONE.



**MIRIAM CUNHA aka Yonisha**  
Kelowna, BC • 250 448-5523  
[www.yonisha.com](http://www.yonisha.com)

Since she was a young girl, Miriam has been deeply involved in different esoteric studies, always researching different paths of human physical, emotional and spiritual evolution. As a result of her experiences, she has chosen to use music, dance movement, and graphic arts as tools to facilitate a deeper understanding of human nature, and to create a connection to a higher level of consciousness.

Workshop #30 Sunday morning 3 hours

## Crystal Bowl Continuum

Relaxing and unwinding the chakras as we free up the energy column to the sound and vibrations of the singing bowls. Experience more freedom in the quadrants of mind, body, spirit as old patterns give way and your field opens to new creativity.



**TEREZ LAFORGE**  
Kamloops, BC • 250 374-8672  
[www.terezlaforge.com](http://www.terezlaforge.com)

Terez hosts crystal bowl events on Full and New moons at home and in the community. Terez is an educator, a reflexologist and a bodytalker. She has a chakra set of seven crystals bowls. Each bowl has one dominant note matching the chakra note, eg note C for the root chakra and note G for the throat chakra.

**SUNRISE CEREMONIES with Terez SUNDAY morning ONLY at 6:45 am in North Wing**

**A Crystal Bowl Bath: Come in your pj's and bring your blanket. Cocoon yourself while the sound activates your chakra centres.**

These numbers indicate the workshop location on the map that you will receive at the Festival

# WEEKEND SCHEDULE

## Saturday

### Location

8:45 - noon

2 - 5:15 pm

6:45 - 8:45 pm

1 <b>Loft</b>	#28 <b>Miriam Cunha</b> Alchemy of Dance	#35 <b>Kathleen Hogh</b> Vishudda - The 5 <sup>th</sup> Chakra	#19 <b>Colette &amp; Stephanie</b> Introduction to Yuen Method <sup>M</sup>
2 <b>North Wing</b>	#16 <b>Linda Butler Buchanan</b> Celtic Totems	#43 <b>Jollean McFarlen</b> Remembering We're all the Same	#17 <b>Linda Butler Buchanan</b> Dark Goddess
3 <b>Sessions Room</b>	#48 <b>Cindi Tomochko</b> Art Therapy: Creativity & Healing	#12 <b>Cathy Gordichuk</b> Goddess Dollies	#50 <b>Joy Roberts</b> Drawing the Goddess Within
4 <b>South Wing</b>	#33 <b>Blanche Tanner</b> Deepening our Roots to our Soul <i>Family Constellations Work</i>	#40 <b>Dienna Raye</b> Healing Movements of the Soul	#34 <b>Blanche Tanner</b> The Wisdom of our Ancestors <i>Family Constellations Work.</i>
5 <b>Maple Court 1</b>	#25 <b>Sandra Bradshaw</b> Divine Design	#03 <b>Elara Reardon</b> Access Your Inner Power	
6 <b>Maple Court 2</b>	#01 <b>Rosemary Phillips</b> Somewhere Over the Rainbow	#51 <b>Dawn Tyndall</b> Masterfully Messaging-Myself	
7 <b>Creekside House</b>	#46 <b>Sable, Victoria and Lois</b> Communing with Spirit	#45 <b>Kalawna Biggs</b> Palmistry	
8 <b>Chapel</b>	#42 <b>Lindsay Atkinson-Smith</b> Oneness Blessing	#24 <b>LorRaine Armstrong</b> The Earth is our Mother	#04 <b>Norma Cowie</b> Spiritual Principles of Wealth
9 <b>upper Alberta Hall</b>	#07 <b>Eileen Head</b> Enneagram Personality System	#10 <b>Leah Sinclair</b> Discover the Magic of Numbers	#36 <b>Deborah Warren</b> ET Contact
10 <b>lower Alberta Hall</b>	#21 • <b>Crystal Rose</b> So You are Human - What's wrong with That?	#38 <b>Parimal Danielle Tonossi</b> Chakra Readings with Crystals and Gems	#29 <b>Miriam Cunha</b> Mayan Tzolkin
11 <b>Great Hall</b>	#31 <b>Joan Casorso</b> Inner Rhythms Drumming	#37 <b>Jenny Puls</b> Belly Dance to Energize your Chakras	#23 <b>Cindylee Yelland</b> The Wings of Isis



#13 - Saturday 2 - 5:15 pm and  
#14 - Sunday 1:30 - 3:30 pm

**Karen Jasmine**  
Poi Dancing

each afternoon on the  
lawn at Columbia Hall





# September 17 to 19<sup>th</sup> 2010

These numbers indicate the workshop location on the map that you will receive at the Festival

## Sunday

		8:45 - noon	1:30 - 3:30 pm	Location
		# 20 <b>Colette &amp; Stephanie</b> Yuen Method™	# 49 <b>Cindi Tomochko</b> Let Go and Let Be with Dru Yoga	<b>Loft</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">1</span>
SUNDAY	<i>Terez Laforge</i> <b>A Crystal Bowl Bath</b>	# 30 <b>Terez LaForge</b> Crystal Bowl Continuum	# 39 <b>Parimal Danielle Tonossi</b> Aura-Soma Colour Care System	<b>North Wing</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">2</span>
	<i>Catherine Gordichuk</i> <b>Colour Breathing</b>	#53 <b>Karen Coogan</b> The Mary Magdalene Mystery School	# 02 <b>Rosemary Phillips</b> Sing and Colour You Healthy	<b>Sessions Room</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">3</span>
	<i>Lindsay Atkinson-Smith</i> <b>Oneness Blessing Meditation</b>	# 41 - <b>Dienna Raye</b> Family Constellations the Root of Well Being	# 08 - <b>Eileen Head</b> T + A = O Thought + Action = Outcome	<b>South Wing</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">4</span>
		# 18 <b>Sharon Taphorn</b> Being Your Higher Self	# 26 <b>Sandra Bradshaw</b> Lady Oracle	<b>Maple Court 1</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">5</span>
		# 09 <b>Denise Morier</b> Access your User's Manual	<i>A reminder that Closing Ceremonies are in the Great Hall on Sunday 3:45 - 4:05 pm</i>	<b>Maple Court 2</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">6</span>
		# 52 <b>Dawn Tyndall</b> Sex Please!	# 47 - <b>Sable Aradia</b> Magick and the Power of Intent	<b>Creekside House</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">7</span>
	<i>LorRaine Armstrong</i> <b>Give Thanks for the Day</b>	# 05 <b>Norma Cowie</b> Past Life Regression	# 44 - <b>Jollean McFarlen</b> Developing your Intuition and Supernatural Abilities	<b>Chapel</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">8</span>
	SAT <i>Sharon Taphorn</i> <b>Meditation</b>	# 15 <b>Alexandra Luppold</b> Sacred CosmoGram in Ceremony	# 11 <b>Leah Sinclair</b> The Cycles of Life	upper <b>Alberta Hall</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">9</span>
	SUN <i>Sharon Taphorn</i> <b>Walk the Labyrinth</b>			
	SAT <i>Karen Coogan</i> <b>Crystal Bowls and Walking the Labyrinth</b>	#.27 <b>JessacaLee Sobko</b> Shifting Energy	# 22 <b>Crystal Rose</b> Understanding Your Elements	lower <b>Alberta Hall</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">10</span>
SUN	# 06 <b>Rossana Garcia</b> Dance and Paint your Chakras	# 32 <b>Joan Casorso</b> Inner Rhythms Drumming	<b>Great Hall</b> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">11</span>	

## Saturday Evening Entertainment ... 9 - 11 pm

Dancers CindyLee, Jenny, Karen, and Yonisha love to perform as does Joan and her drummers. After that some DJ music for those who like to shake it up.

**JOAN CASORSO**  
Kelowna, BC • 250 862-9724

Joan brings over 25 years of teaching experience, along with the development of the **Inner Rhythms Teaching Methodology System**. Her classes encompass drum, dance, rhythm-based communication activities, Yoga Plus, community building and body/mind/spirit health. Joan's gentle and informative approach allows participants to relax and open to their potential.



Workshop #31 Saturday morning 3 hours  
Workshop #32 Sunday afternoon 2 hours

### Inner Rhythms Drumming Celebrating the Rhythms of Community

Enjoy a fun, interactive, hands-on exploration of culture and community with a focus on African Djembe drumming. Using oral tradition such as call/response songs, story, movement and imitation, participants will experience and create a synergy that moves us beyond the spoken word. This African and world music rhythms workshop will blend art form with skill and technique development. Some drums will be provided or bring your own.

**BLANCHE TANNER**  
Riondel, BC • 250 227-6877  
www.lifeshiftseminars.com

Blanche has worked and studied with many healers, Indigenous Teachers and shamans, including Conscious Breathwork for over 30 years and now Bert Hellinger's Family Constellation work. She has facilitated Women's Healing Retreats for many years. She has practiced meditation for over 35 years and from this experience she shares that source of clarity, personal power and the love life within us.



Workshop #33 Saturday morning 3 hours

### Deepening Our Roots to our Soul Family and Human Systems Constellations Work

Everyone carries within them the gifts, strengths, challenges and sometimes, even the fate of our ancestors. Family Constellation work provides insights and resolution to difficult personal and/or family problems that may have roots far back in our ancestry. A psychological and spiritual process, this powerful tool initiates healing at a soul level.

Workshop #34 Saturday evening 2 hours

### The Wisdom of our Ancestors: Family and Human Systems Constellations Work

We typically view our problems as self generated or blame others, often our difficulties arise out of being unconsciously entangled with unresolved issues from previous generations. This effective therapeutic process helps break destructive family patterns and gives us the opportunity to reconnect to the strength and wisdom of our ancestors.

**KATHLEEN HOGH**  
Prince George, BC • 250 564-3695  
www.soletherapies.ca

Kathleen is a certified Reflexologist, Nia Instructor and Sacred Song Circle leader. She also has extensive training and experience in creative movement, sound and energy healing. She is fun, dedicated, enthusiastic and passionate about sharing her love and gifts for authentic movement and sound.

*Kathleen will lead the Sacred Song Circles for Opening & Closing Ceremonies.*



Workshop #35 Saturday afternoon 3 hours

### Vishudda - The 5th Chakra Awakening the Voice of your Soul

Through chant, sacred song, movement and the Nia Routine "Prana" Kathleen will guide you into a journey of inspired creativity connecting you to your throat chakra, your body, intuition and your voice.

**DEBORAH WARREN**  
Vernon, BC • 250 503-1313  
www.ocseti.org

I joined CSETI (Center for the Study of Extra Terrestrial Intelligence) in 1999 in Vancouver and have attended five CSETI "Ambassador to the Universe" trainings. I have been assisting ET Contact groups in the Okanagan / Shuswap as of April 2010. I have been coming to Vernon since 1973, and moved here in 2002. I teach Computer Science at the college level and offer a number of shaman journey workshops, drawing on the work of anthropologist Hank Wesselman.



Workshop #36 Saturday evening 2 hours

### ET Contact

View images, video and audio samples of extraterrestrial contact that have been experienced by CSETI groups. Time to understand why ordinary citizens must invite direct contact with ETs. We must demonstrate that we are spiritually ready for the technology they gave to humanity 60 years ago. Free energy, electro-gravitic propulsion systems and consciousness-assisted technology will allow us to transform human civilization.



### ET Skywatch

**Friday & Saturday** at the Beach from 9 to 11:30 pm

We will try and contact extraterrestrials using the CSETI protocols developed by Dr. Steven Greer. We will be under the stars for a few hours, bring a chair and sleeping bag to ensure that you are warm enough. *Everyone welcome, whether you attended the workshop or not.*

Workshop #37 Saturday afternoon 3 hours

### Belly Dance to Energize your Chakras

For optimum health it is important that our chakras are balanced. We will cover color and learn belly dance movements to activate healing and transformation, exploring various rhythms including the power of the shimmy and finish with some Egyptian Mudras. *Open to all levels of fitness and dance experience.*



**JENNY PULS**

Kaleden, BC • 250 497-1189

Jenny's dance journey began in 2001 with performances two years later. In 2005 she became an instructor. She continues to dance and study with local and international teachers. She has her Reiki and Ra-Sheeba Master certificates.

Workshop #38 Saturday afternoon 3 hours

### Chakra Readings with Crystals and Gems

How to interpret the message of crystals' mandalas - A playful and yet profound approach to discover how the crystal kingdom reflects our inner potential and reveal our dynamic expression in different life areas.



Workshop #39 Sunday afternoon 2 hours

### Aura-Soma Colour Care System

We are the colour you choose ... they reflect our being needs. Learn about the colour language. Select some bottles filled with dynamic living energies, those of colour, herbal extracts, essential oils and gems. Discover the real you - your individual gifts and challenges - your present purpose.

### PARIMAL DANIELLE TONOSI

Crawford Bay, BC • 250 227-9478

[www.crystalgardenspirit.com](http://www.crystalgardenspirit.com)

Born in Switzerland, 'reborn' in the Kootenays, I am a wise crone and a gypsy of the heart. Trained in Europe, USA and India. I have been a healing facilitator over 30 years and certified in many humanistic therapeutic modalities including Aura-Soma. My journey in life is a colourful expression of spirit embodied in matter. I share with joy and respect my intuitive tools, tarot and crystals..

Workshop #40 Saturday afternoon 3 hours

### Healing Movements of the Soul

This workshop explores the profound experience of the morphogenetic field to access and transform the systemic influences behind illness, addiction, depression, failed relationships and other challenges. This process can awaken your sense of purpose, transform relationships and lead to healthier, more fulfilled lives.



**DIENNA RAYE**

250 352-1220 • Nelson, BC.

[www.fpcoaching.com](http://www.fpcoaching.com)

Dienna Raye is a Counselor, Life Coach and Workshop Facilitator. She works with individuals on a variety of topics including intimacy, relationships, life work, health and spiritual emergence. Dienna holds a Master's Degree in Leadership, is a Certified Life Coach with Erickson College and is currently studying under numerous Systemic Constellation facilitators from around the world.

Workshop #41 Sunday morning 3 hours

### Family Constellations – the Root of Wellbeing

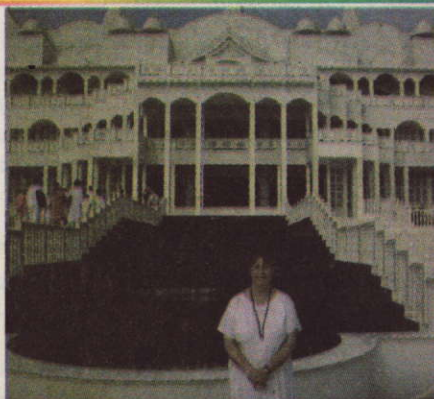
Science, psychotherapy, and ancient teachings point towards the profound influence our ancestral lineage has on our lives. Family Constellation processes transform these hidden burdens that lie at the root of illness, depression, unexplained fears and panic attacks, financial failure, addiction, failed relationships and more.

Workshop #42 Saturday morning 3 hours

### Oneness Blessing

The Oneness Blessing is the transfer of divine, intelligent, creative energy. Learn how the Oneness Movement can move you and the planet into new levels of awareness. Receive a Oneness Blessing and experience the peace of the Divine.

*Please bring blanket/pillow.*



### LINDSAY ATKINSON-SMITH

Kelowna, BC • 250 868-0598

[www.onenessuniversity.org](http://www.onenessuniversity.org)

My lifetime of spiritual seeking has led me to Oneness Blessing. I travelled to Oneness University (India) three times to take courses and meditate in the presence of enlightened beings. As a Oneness Trainer I can initiate people as Oneness Blessing givers.

**SUNRISE CEREMONY** with Lindsay BOTH mornings in South Wing

Receive a Oneness Blessing and meditate to the rising of the sun and the Moola Mantra, a centuries old chant.

*Bring a blanket and pillow.*

**JOLLEAN McFARLEN**  
Kelowna, BC • 250 448-5339  
www.jadorecolour.com

Jollean is a Feng shui and colour consultant/therapist, winning designer, author of 6 books, producer of Quan Yin Tarot cards and CD. She has been a vessel for Quan Yin and other masters for over three decades. A pioneer in the field of spiritual living - she has spent numerous years teaching, exporting and studying in Asia, S. America and Europe - chosen 'Most Expert Teacher'. Jollean continues to teach informative programs for the city of Kelowna and is Marketing Director for HAAO and an avid volunteer.



Workshop #43 Saturday afternoon 3 hours  
**Remembering We're All the Same**

Some fun exercises with Qi Gong, and colour breathing to help us accept who we are and find inner peace while we journey through life. Jollean will take you on a Compassion meditation, an activity so the brain can associate happiness and empathy. Touch base with laughing Buddha and Quan Yin, as they will assist in an installation of the new 13 chakras and Aura reimbursement.

*Bring pen/paper and water for blessing.*

Workshop #44 Sunday afternoon 2 hours

**Developing Your Intuition and Supernatural Abilities**

Understanding WHY most of our everyday thinking, feeling and acting are outside of our conscious awareness. Intuition is a powerful muscle that with practice we can develop to take our feeling to a higher level of perceptive thoughts. In a light humorous way Jollean will take you on a spiritual transformational meditation journey connecting you to your inner voice.

**KALAWNA BIGGS**  
Roberts Creek, BC • 604 886-3536  
www.Kalawna.ca

A psychic clairvoyant for 30 years traveling and studying all over the world. I worked the psychic fairs and hosted live radio and TV call-in shows for years. Now I am a Certified Clinical Hypnotherapist and a Certified Dental Assistant. I like the quote 'Change your mind, change your life.'



Workshop #45 Saturday afternoon 3 hours

**Palimetry**

Learn to read your own hand and then how to read others. Let's have some fun learning the characteristics about love, sex, money and potentials in you and your grandchildren.



**The Medium - LOIS GUERET** has been a practicing medium for 25 years in a spiritualist tradition. Driven by the psychic experiences of her childhood, she specializes in "Rescue Mediumship" - helping the lost to cross over and helping the troubled living to reach their troubled dead.

**The Shaman - VICTORIA WILLARD** has been practicing a variety of alternative health and metaphysical modalities for more than 20 years. She has studied Incan and Celtic shamanism and her healing work spans multiple traditions and spiritualities.

**The Witch - DIANE MORRISON aka SABLE ARADIA** has been a practicing Witch for 20 years. Driven by psychic experiences in her youth, she became an initiated Wiccan High Priestess and a licensed Wiccan religious representative. She owns The Threads That Bind Us in Vernon, ([www.thethreadsthatbindus.net](http://www.thethreadsthatbindus.net)) where she teaches classes in magick, Wicca, and women's spirituality.

Workshop #46 Saturday morning 3 hours

**Communing with Spirit**

A Medium, a Shaman and a Witch talk about Channelling, Aspecting Spirit and Drawing Down the Moon, from their various spiritual perspectives with instruction as to how it is done and how you can learn to do it yourself. We'll each spend fifteen minutes explaining how we each commune with spirit, then you get to learn how to channel for yourself and then some time for questions and answers.

Workshop #47 Sunday afternoon 2 hours

**Magick and the Power of Intent with Sable**

Learn the art of forming your Intent to cause change; how to ask for what you really want, how to harmonize your Intent on all levels of consciousness, and how to not undo all your great work! This workshop might involve a meditation and will certainly involve taking notes and drawing, so bring your notebook.

Workshop #48 Saturday morning 3 hours

### Art Therapy: Creativity and Healing

To make art is to engage in the creative process. Psychotherapy relates to the mind deriving from the Greek psukhe meaning 'life, soul' and therapy from therapeia meaning 'healing.' Hence, to heal one's life/soul by means of the creative process. With the use of basic art materials such as tempera paint, oil/chalk pastels and clay along with meaningful dialogue, we will invite and allow for a healing of mind, body and Spirit. *No art experience is necessary. Confidential sharing is respected.*



**CINDI TOMOCHKO**  
Penticton, BC • 250 276-5308

Cindi is an art therapist and Dru yoga instructor based out of Wind in the Willow Creative & Healing Arts Studio. She has a visual arts background. Cindi is also a Buddhist practitioner seeing that this acts as a foundation informing all else in her life.

Workshop #49 Sunday afternoon 2 hours

### Let Go and Let Be with Dru Yoga

The main energy of autumn is that of completion and the satisfaction of attainment. We will focus on movements which help to release and resolve the past, eliminate what has not been useful and develop an inner focus. We will begin with fun and gentle activations/warm-ups and body preps followed by yogic postures, breath work and an introduction to sequential movements unique to Dru. *All fitness levels welcome. Bring a yoga mat if you have one and wear loose-fitting clothing.*

Workshop #50 Saturday evening 2 hours

### Drawing the Goddess Within

Joy will lead you on a journey inward to find your Inner Creator. Using meditation and dance to reach the creative Goddess within. Then using pastels we get to paper to draw and make magic! This workshop was designed to help women fall in love with themselves!



**JOY ROBERTS**  
Deroche, BC • 604 719-2360  
[www.itsartnotstuff.com/Artist/Artyangel](http://www.itsartnotstuff.com/Artist/Artyangel)

Joy was born and raised in beautiful BC. Being creative has been a lifelong endeavor. She has been drawing since she could hold a pencil. She graduated from the Studio Art program at Capilano College in 1991 and has been creating and teaching ever since. Bringing beauty and love to the world is her goal.

Workshop #51 Saturday afternoon 3 hours

### Masterfully Messaging Myself

This workshop is designed to encourage women to embrace WHO and HOW they are. Celebration of self is what this workshop is all about. Attendees will have developed a personal message that celebrates the unique individuals they are.



**DAWN TYNDALL**  
Vernon, BC • 250 307-5503  
[www.dawntyndall.com](http://www.dawntyndall.com)

Dawn has been a motivational speaker and comedienne for years. She mixes humour, everyday life examples, and practical applications for audiences all over North America. Dawn strongly believes each and everyone has something to offer and shares ways to not only find "your place" but create your place.

Workshop #52 Sunday morning 3 hours

### Sex Please!

This workshop is about the intimate celebration of self, understanding and embracing our unique sexual gifts. Participants will come away with a deeper connection to their intimate self as well as communication tools to use in their relationships.

Workshop #53 Sunday morning 3 hours

### The Mary Magdalene Mystery School

Mary Magdalene was a woman of exalted position who had superior knowledge and teachings and played an important role in the early Christian Church. Mary Magdalene will be sharing some of her Wisdom School teachings in a live channelled meditation through Karen.



**KAREN COOGAN**  
Penticton, BC • 250 770-1166

Karen is an Intuitive healer, reader, and instructor trained in Reiki, Lovebody Healing, Card, Face, and Hand Readings. Her work involves divinely inspired support and loving guidance through channeling session.

**SUNRISE CEREMONIES with Karen SATURDAY ONLY at 6:45 am in Alberta Hall**  
Sacred chanting purifies your spirit and attunes you to happiness.

**Register before August 15<sup>th</sup> and save ... Adults \$165, Crones & Maidens \$135**  
*plus meals, accommodation and gst* • On-Site Registration starts Friday at noon.

# REGISTRATION FORM

**Healing Oasis Registration starts at 1 pm**  
**Healing Sessions available Friday 2:30 to 5:30 pm**

Name(s) \_\_\_\_\_  
 Address \_\_\_\_\_ Phone \_\_\_\_\_  
 Town \_\_\_\_\_ Prov. \_\_\_\_\_ Code \_\_\_\_\_ email \_\_\_\_\_

## FESTIVAL FEES

		Weekend	Saturday only	Sunday only
<b>ADULTS</b> (25-62 years)	on or before August 15 <sup>th</sup>	\$ 165	\$ 125	\$ 60
	August 16 <sup>th</sup> — Sept 16 <sup>th</sup>	\$ 185	\$ 135	\$ 70
	After Sept 16 <sup>th</sup> and on site registration	\$ 195	\$ 145	\$ 75
<b>Crones 63 yrs+</b> <b>and Maidens (10-24 yrs)</b>	on or before August 16 <sup>th</sup>	\$ 135	\$ 105	\$ 50
	August 17 <sup>th</sup> — Sept 17 <sup>th</sup>	\$ 155	\$ 115	\$ 60
	After Sept 17 <sup>th</sup> and on-site registration	\$ 165	\$ 120	\$ 65

## MEALS....Please preorder by September 5

**MEAL PACKAGES** Meals include soup, salad, entree and dessert, plus coffee and tea, juice or milk.

**6 meals** Friday dinner to Sunday lunch \$92.00 \_\_\_\_\_ **5 meals** Saturday breakfast to Sunday lunch \$70.00 \_\_\_\_\_

<b>INDIVIDUAL MEALS</b>	Fri. Dinner	\$ 22.00 _____	Sat. Breakfast	\$ 11.00 _____	Sat. Lunch	\$ 15.00 _____
	Sat. Dinner	\$ 22.00 _____	Sun. Breakfast	\$ 11.00 _____	Sun. Lunch	\$ 15.00 _____

Please circle if you have a preference for ... **NO DAIRY** **NO WHEAT** **NO FISH**

## ACCOMMODATION *Bedding and towels included.* Check out time 10 am Sunday

- Cabins *One or two rooms. Double bed and/or two single beds plus front room with a hide-a-bed/couch plus kitchen.*
- Maple Court *One double bed, one single bed and a bathroom. Fridge, sink and tea kettle in the foyer.*
- Orchard Courts ***NEW**...Two single beds and a bathroom in each room with a shared common space that includes a kitchen.*

*Pricing for above accommodations*

- Shared: Two people, two nights \$ 105 per person • Three people, two nights \$100 per person
- Private: One person, two nights \$ 185 • Private: one person, one night \$100.

- Alberta Hall

*A two storey dorm with two single beds in a room and a large multi-use bathroom on each floor.*

- Shared: Two women, two nights \$ 80 per person • Two women, one night \$55 per person
- Private: One woman, two nights \$110 • One woman, one night \$65

- R.V. Space

\$ 36 per night including electrical hook-up

- Tent

\$ 26 per night .. no power

*R.V. & tent spaces have a central bathroom with shower and a picnic area.*

To book a B&B or Motel visit: [www.discovernamata.com](http://www.discovernamata.com)

**Festival Fees** \$ \_\_\_\_\_

**Meals** \$ \_\_\_\_\_

**Accommodation** \$ \_\_\_\_\_

**Subtotal** \$ \_\_\_\_\_

**HST (add 12%)** \$ \_\_\_\_\_

**Grand Total** \$ \_\_\_\_\_

**Amount enclosed**

\$ \_\_\_\_\_ (50% deposit required)

**Balance ...**

\$ \_\_\_\_\_ payable at the door

Make cheque payable to: **Visions unlimited, Wise Women ...Send it to**  
 Marion Desborough, L1-4505 McLean Creek Rd, OK Falls, BC, V0H 1R1

We do not mail receipts. If you need confirmation please give us time to process the form and then call the number below.

No refunds on meals or accommodation **after** Sept. 10.  
 We refund festival fees, less \$35 per person, if notified.

If paying by credit card phone **250-497-6861**

Questions? **1-888-756-9929** Angele Ortega



**Please bring a travelling mug for refreshment breaks.**

**Naramata Centre requests.... NO pets on site and DO NOT call Naramata Centre to register**